

Metro Los Angeles—Service Planning Area 4 Resource Guide for Families Experiencing Homelessness



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This guide was developed by the **Skid Row Collaborative**, a group of organizations and individuals committed to ensuring and increasing access to resources for families experiencing homelessness in and around the Skid Row neighborhood of Los Angeles. Organizations have provided tips to make accessing services as easy as possible.

Hotlines

GENERAL HOTLINES

Poison Control: 800-222-1222

www.calpoison.org

LA County Help Line: 211 (Community, social, health and government services) www.211la.org

The Wellness Center: 855-201-4815; 213-784-9191
www.thewellnesscenterla.org

Emergencies: 911

HEALTH

Youth Crisis Line: 1-877-720-0007

Rape Treatment Center: 1-310-319-400

STD/AIDS/HIV Hotline: 1-800-758-0880
1-800-367-2437

Healthy Way LA: 1-877-333-4952

Covered California: 1-888-975-1142

Medicare: 1-800-772-1213, 1-800-633-4227

Women Services

Office of Women's Health: 1-800-793-8090

Assaults against Women: 1-310-392-8381

Children's Services

LA Care Healthy Kids Program: 1-888-452-2273

Department of Children and Family Services (DCFS): 1-800-540-4000

California Children's Services (CSC):
1-800-288-4584

Child Health & Disability prevention (CHDP): 1-800-993-2437

Child Abuse Hotline: 1-800-540-4000

Prenatal/Family Planning

Family PACT: 1-800-942-1054

Safely Surrender Baby: 1-877-222-9723
Women, Infants, and Children (WIC):
1-888-942-9675, 1-888-942-2229

Planned Parenthood: 1-800-230-PLAN (7526)

Travel Immunizations

Immunization Program: 1-213-351-7800

LAX Airport Medical Clinic: 1-310-215-6020

EMOTIONAL/MENTAL HEALTH

Mental

24 hours Access Center: 1-800-854-7771

Youth Crisis: 1-877-720-0007

Suicide Prevention Life Line: 1-800-273-8255
Spanish: 1-888-628-9454

Substance/Alcohol Use: 1-800-564-6600
press #4

Mental Health Services & Referrals: 1-800-854-7771

Violence/Trafficking

Rape Crisis Hotline: 1-213-626-3393

Rape Treatment Center: 1-310-319-4000

Domestic Violence: 1-800-978-3600

Child Abuse: 1-800-540-4000

Elder/Adult Abuse: 1-800-992-1660

National Human Trafficking Hotline:
1-888-373-7888

HOUSING/ENVIRONMENT

Home

Environmental Hotline: 1-880-700-9995

Lead Program: 1-800-LA4LEAD(524-5323), 1-323-869-7068

Housing Issues: 1-888-700-9995

Rodent/Insects: 1-626-5450

Emergency Preparedness Program:
1-213-637-3600

Homelessness/Shelters

Community Assessment Service Center (CASC): 1-213-342-3114

Los Angeles County Housing Resource:
1-877-428-8844

Cold Weather Shelter Hotline: 1-800-548-6047

Housing Authority of the County of Los Angeles: 1-800-347-4663

PHYSICAL NEEDS

Food Resources

Environmental Health Food Program:
1-888-700-9995

Transportation

Transit Info: 1-323-466-3876

Dial-a-Ride LA County: 1-800-827-0829

Financial Resources

Employment Development Department (EDD) 1-800-300-5616, Spanish: 1-855-716-3518

Supplemental Security Income: 1-800-772-1213

General Relief: 1-866-213-3777

Socialization/Recreation

County of Los Angeles Department of Parks and Recreation: 1-213-738-2961

Education/Vocational

Los Angeles County Office of Education:
1-562-922-6111

LEGAL

Legal Aid

Neighborhood Legal Services:
Legal Assistance 1-800-433-6251
Health Consumer Center 1-800-896-3203

Legal Aid Foundation of Los Angeles (LAFLA):
1-800-399-4529

Best Tzedek Legal Services: 1-323-648-4704

Tenant Assistance

Housing Rights Center: 1-800-477-5977

Social Security Administration: 1-800-772-1213

Vital Statistics

Birth Certificates: 1-213-240-7812

Death Certificates: 1-213-240-7816



Education

LAUSD Homeless Education Program

121 N. Beaudry Ave., Los Angeles, CA 90012

(213) 202-7581

<https://achieve.lausd.net/Page/12911>

- **HOURS**
 - Mon-Friday: 8:00am – 4:30pm
- **SERVICES**
 - Access to educational, social, and enrichment programs, which provide training and needed school supplies such as backpacks, transportation assistance, referrals for clothing assistance, and motel vouchers.



TIP: Call for more information and ask for a Homeless Liaison Worker. Assistance for any family experiencing homelessness (including families couch-surfing or doubled up). Every school has a liaison.

Para Los Niños—The Tina & Rick J. Caruso Early Education Center

845 E. 6th Street, Los Angeles, CA 90021

(213) 250-4800 Ext. 602— Adeline Fernandez

- Serves children 6 weeks – 5 years



TIP: Priority given on waitlist to homeless families.

Para Los Niños Charter Middle School (6th-8th Grade)

835 Stanford Avenue, Los Angeles, CA 90021
(213) 896-2640

- **HOURS**
 - Mon-Friday: 7am – 6pm

For students from 6th grade to 8th grade, Charter Middle School provides a comprehensive approach to education that focuses on academic achievement and a student's emotional, social and psychological needs. Charter Middle School also offers afterschool program.

We Offer:

- Arts, Robotics, and Music Curriculum
- Bilingual Classes
- Three Free Meals Daily
- Early Drop-Off
- Afterschool (until 6:00pm)
- Summer Bridge and Enrichment Courses
- Parent Engagement and Workshops
- Cultural Events and Field Trips

Para Los Niños Charter Elementary School (TK – 5th grade)

1617 E. 7th Street, Los Angeles, CA 90021
(213) 239-6605

- **HOURS**
 - Mon-Friday: 7am – 6pm

For students from transitional kindergarten through fifth grade, CES provides a comprehensive approach to education that focuses on academic achievement and a student's emotional, social and psychological needs. Charter Elementary also offers afterschool program.

We Offer:

- Arts, Robotics, and Music Curriculum
- Bilingual Classes
- Three Free Meals Daily
- Early Drop-Off
- Afterschool (until 6:00pm)
- Summer Bridge and Enrichment Courses
- Parent Engagement and Workshops
- Cultural Events and Field Trips

School on Wheels

600 E. 7th Street #109, Los Angeles, CA 90021
(213) 896-9200, (805) 641-1678

- **HOURS**
 - Mon-Friday: 10am – 7pm
- **SERVICES**
 - School services
 - Online tutoring for students

experiencing homelessness

- Provide technological resources devices (eligible); kindle, MacBook



**TIP: Contact
Stephanie Lacobucci**

Ninth Street Elementary (K – 5th grade)

835 Stanford Ave. Los Angeles, CA 90021
(213) 896-2700



TIP: Homeless
Liaison: Ana Milanés,
PSW

Santee Education Complex (9th-12th Grades)

1921 Maple Avenue, Los Angeles, CA 90011
(213) 763-1000

Salvation Army Child Care Center

836 Stanford Ave Los Angeles, CA 90021
(213) 623-9022 X 10

- **HOURS**
 - Mon-Friday: 7:30am – 4:30pm
- **SERVICES**
 - Child care
 - Pre-school education



TIP: Contact Maria
Rodriguez.

Hope Street Family Center – Early Head Start

1600 S Hope St, Los Angeles, CA 90015
(213) 742-6040

- **SERVICES**

- Early head start 0-3 yrs old
- Early head start child care partnership 0-4 yrs old



TIP: Call and ask to speak with Alejandra Berrio, Outreach Manager.



Food

Los Angeles Regional Food Bank

1734 East 41st Street, Los Angeles, CA 90058

(323) 234-3030

Visit the LA Food Bank website for a comprehensive list of food banks near you: lafoodbank.org/find-food/pantry-locator/

St. Francis Center

1835 S. Hope Street, Los Angeles, CA 90015

(213) 747-5347


stfranciscenterla.org

- **HOURS**

- Meals: Mon.: 7:30am – 8am, Tue.-Fri. 7:30am – 9am, & Sat 8:30 – 10am
- Hygiene: Mon.: 7:30am-2pm, Tues.: 7:30am – 12pm, Fri.: 9:30am – 10:30am, & Sat.: 6am – 8am
- Resources: Mon.: 8am – 8:15am, Tues. – Fri. 9am – 9:15am

- **SERVICES**

- Warm meals, sack lunches, 6 days/week
- Shower program: toiletries, underwear, socks & towels
- Resource services: referrals from healthcare, shelter, obtaining IDs, jobs

 **TIP: Visit for more information. First come, first serve. Best time to call is in the morning.**

County of Los Angeles Department of Public Social Services (DPSS)

813 E 4th Pl, Los Angeles, CA 90013

(213) 896-8890 / Participant Help Line: (866) 613-3777

- **HOURS**

- Mon. – Fri.: 8am – 5pm

- **SERVICES**

- CalFresh
- General Relief
- Medi-Cal
- General Relief Opportunities for Work (GROW)



TIP: Visit or call for more information.

Open Door Skid Row Ministries

419 E. 6th St. Los Angeles, CA 90014

(661) 208-2413

- **HOURS**

- Wed.: 6:30 – 7:30pm
- Fri.: 7:00 – 9:00pm
- Sat.: 10:00 – 11:00am

- **SERVICES**

- Food following worship services
- Clothing and blanket distribution



Health Services

Los Angeles Christian Health Centers

Joshua House Clinic: 311 Winston Street, Los Angeles, CA 90013

Pico Aliso Community Clinic: 1625 East 4th Street, Los Angeles, CA 90033


(213) 893-1960

- **HOURS**

- Joshua House Clinic: Mon-Fri: 7am – 4:30pm
- Pico Aliso Community Clinic: Mon-Fri: 7:30am – 5pm, Sat: 8am – 12pm

- **SERVICES**

- Medical
- Dental
- Mental health
- Optometry
- Pediatric
- Social services
- Pharmacy
- Enrollment

 **TIP: Call to schedule an appointment. Accepts walk-ins.**

JWCH Institute Inc.

522 S. San Pedro St. Los Angeles, CA 90013
(213) 486-4050

- **HOURS**

- Mon: 7am – 6pm
- Tues: 7am – 7pm
- Wed: 8am – 5pm
- Thurs-Fri: 7am – 6pm
- Sat. (1st and 3rd): 8am – 12pm

- **SERVICES**

- Primary healthcare
- Behavioral health
- Oral care
- HIV care and treatment
- Substance use treatment



TIP: Call or visit for more information.

DPH Center for Community Health

522 S. San Pedro Street Los Angeles, CA 90013
(213) 486-4085

- **HOURS**

- Mon-Fri: 8am – 5pm

- **SERVICES**

- Immunizations
- Tuberculosis screening and treatment
- STD testing and treatment



TIP: Call or visit for more information.

Los Angeles LGBT Center

1625 N. Schrader Boulevard Los Angeles, CA 90028
(323) 993-7400

- **HOURS**

- Mon-Fri: 9am – 9pm
- Sat.: 9am – 1pm

- **SERVICES**

- Health services
- Social services
- Housing
- Culture and education
- Leadership skills



TIP: Call or visit for more information.

***please note this location is outside of the Downtown LA area**

LAC + USC Medical Center

1200 N State St. Los Angeles, CA 90033
(323) 409-1000
For appointments: (323) 226-5112

- **HOURS**

- Emergency and Urgent care: open daily, 24 hours

- **SERVICES**

- Health care services



TIP: Call and schedule an appointment.

Children's Hospital Los Angeles – The Center for Transyouth Health and Development


5000 Sunset Blvd. 4th floor Los Angeles, CA 90027
(323) 361-2153

- **HOURS**

- Mon-Fri: 9am – 5pm
- Clinic hours: Mon.: 9am – 10:30am, 1pm – 3pm

- **SERVICES**

- Medical services
- HIV/STI prevention and treatment
- Mental health
- Case management
- Support services

 **TIP: Call and schedule an appointment or walk-in.**

Cedars-Sinai Medical Center – Coach for Kids and Their Families


9th Street Elementary School: 835 Stanford Ave, Los Angeles, CA 90021
(888) 926-2249

- **HOURS**

- Call Mon-Fri: 8am – 5pm

- **SERVICES**

- Medical
- Dental
- Mental health
- Case management

 **TIP: Call for more information or to make an appointment.**

St. John's Well Child & Family Center – LA Trade Technical College

400 W. Washington Blvd. MA 107 Los Angeles, CA 90015

(323) 541-1411

wellchild.org

- **HOURS**

- Mon., Tue., & Thurs: 8:30am – 7:30pm
- Wed. & Fri.: 8:30am – 5pm
- Sat.: 7am – 3:30pm

- **SERVICES**

- STD testing and treatment
- Women's/Men's Health
- Pregnancy services & birth control
- Cancer screening and prevention
- Refer to HOPICS, shelters, transitional living
- Hygiene & snacks available upon request



TIP: Call (323) 541-1400 to schedule an appointment. Ask for Sunny Ramirez. Come in to apply with a Benefit Counselor.

Eisner Heath

1530 S. Olive St. Los Angeles, CA 90015

(213) 747-5542

eisnerhealth.org

- **HOURS**

- Mon., Wed., & Th.: 7:30am – 7pm
- Tues., Fri., & Sat.: 7:30am – 4pm

- **SERVICES**

- General health
- Pediatrics
- Optometry
- Dermatology
- OB-GYN
- Women's health



TIP: Call to make an appointment or visit. Ask for Lorena Prieto, Patient Relations Department.

Parking validated for 3 hours.




Emergency Housing/Shelter

Union Rescue Mission

545 S. San Pedro St. Los Angeles, CA 90013
(213) 347-6300

- **HOURS**
 - 24 hours a day/7 days a week
- **SERVICES**
 - Emergency shelter
 - Case management

 **TIP: Case managers on site 9-5 Monday-Friday, but intakes taken 24/7. Bring Identification, Social Security card if applicable, birth certificates for children, and marriage license if married.**

PATH Family Solution Center

3323 W Washington Blvd Los Angeles CA 90018
(323) 391-3853

- **HOURS**
 - Mon-Fri: 8:30am-12pm, 1pm-5pm
- **SERVICES**
 - Case management
 - Crisis housing/shelter

 **TIP: Call or send a referral to familyreferral@epath.org**

- Referrals

HOPICS

5715 S. Broadway

Los Angeles, CA 90037

(323-948-0444

For domestic violence shelters call 211 and inform operator of your situation for the most up to date information regarding domestic violence shelters with openings



Hygiene

Homeless Healthcare Los Angeles – Skid Row Community Refresh Spot

544 Towne Ave. Los Angeles, CA 90013

(213) 207-6889

<https://hhcla.org/refresh-spot.html>

- **HOURS**

- Open 24 hours a day, 7 days a week

- **SERVICES**

- Hygiene services (laundry, restroom, charging station)
- Resources navigation (housing, wound care)



TIP: Visit location for more information. Includes a 24/7 Safe Passage Program.

Lava Mae at HOPICS

5715 S Broadway Los Angeles, CA 90037

(213) 207-6889

- **HOURS**

- Mon.: 9am – 12pm

- **SERVICES**

- Mobile shower
- Toilet service



TIP: Availability is on a first come, first serve basis.

Shower of Hope

<http://theshowerofhope.org/>

- **SERVICES**

- Mobile shower
- Toilet service

Nearest Locations to Downtown Los Angeles:

- **Clinica Romero Boyle Heights**
Every Friday from 8:30 am to 12:30 pm.
2032 Marengo St. Los Angeles CA 90033
- **Westlake (10th and Parkview)**
Every Tuesday from 10 am to 1 pm.
1001 S. Parkview St. Los Angeles, CA 90006



Job Placement & Training

Chrysalis


522 S. Main St. Los Angeles, CA 90013
(213) 806-6300

- **HOURS**

- Mon-Thu: 8am – 12pm, 1 – 4pm
- Fri 8am – 12pm

- **SERVICES**

- Support with employment prep, finding jobs


 **TIP: Call to get more information about orientation, held Mon.-Thurs. at 8am.**

Work Source Center— LA Central Public Library Portal

630 W 5th St, Los Angeles, CA 90071
213-228-7113

- **SERVICES**

- Access to computers, phone, fax
- Job preparation and placement
- Training services

 **TIP: Call or visit for more information.**

Pacific Asian Consortium in Employment (PACE)

1055 Wilshire Blvd. Suite 1475 Los Angeles, CA 90017

(213) 353-3982

- **HOURS**

- Mon-Fri.: 8:30am – 4:45pm
- 1st Sat. of the month: 9am – 12:45pm
- 1st Fri. of the month: Closed



TIP: Call or visit for more information.

- **SERVICES**

- Assistance finding employment
- Access to computer lab to create resume and cover letters

DPSS CalWORKs/Welfare-to-Work

GAIN Region IV Central County

3833 S. Vermont Ave. Los Angeles, CA 90037

(323) 730-6414

- **SERVICES**

- Focuses on barriers to going to work or school
- Substance abuse
- Domestic violence
- Children with mental health issues



TIP: Ask GAIN worker for a referral. Sarah Rio (oversees homeless unit).

DPSS Family Stabilization Program

(323) 730-6178

- **SERVICES**

- GAIN program
- Job search
- Mental health
- Domestic violence
- Guidance to Cal-Fresh



TIP: Ask for Mayra Molina, Supervisor.

To be eligible, must be within time limit: 48 months for CalWorks.



Legal & Immigration Assistance

Inner City Law Center

1309 E. Seventh Street, Los Angeles, CA 90021
(213) 891-2880

- **HOURS**

- Mon-Fri: 9am – 5pm

- **SERVICES**

- Legal services for housing and homelessness related issues



TIP: Call or visit office for more information.

Mi Centro

553 S. Clarence St. Los Angeles, CA 90033
(323) 286-7224

- **HOURS**

- Mon-Fri: 9am – 5pm

- **SERVICES**

- Legal and immigration services
- Public policy and community building
- Senior services
- Transgender support services



TIP: Call or visit office for more information.

Legal Aid Foundation Los Angeles

1550 W. 8th St. Los Angeles, CA 90017

(323) 399-4529

- **HOURS**

- Mon-Fri: 9am – 5pm

- **SERVICES**

- Expungement
- Eviction defense
- Domestic violence/family law
- Immigration services



TIP: Call or visit office for more information and support.

Best Tzedek Legal Services

3550 Wilshire Blvd. 13th Floor, Los Angeles, CA 90010

(323) 939-0506

- **HOURS**

- Mon-Fri: 9am – 5pm

- **SERVICES**

- Worker's rights
- Wage theft
- Eviction support and tenant rights
- Senior's legal support



TIP: Call for consultation and information.

New Americans Center at Central Library

630 W. 5th St. Los Angeles, CA 90071

(213) 228-7390

- **HOURS**

- Dependent on language, please see website

- **SERVICES**

- Immigration and naturalization services
- Citizenship interview tutoring session
- N-400 completion
- Fee waiver assistance
- Green card renewals
- Adjustment of status



TIP: Schedule online at lapl.org/newamericans

Los Angeles Center for Law and Justice

5301 Whitter Blvd. 4th Floor, Los Angeles, CA 90022

(323) 980-3500

- **HOURS**

- Mon-Fri: 9am – 5pm (no walk-ins, appointment only)

- **SERVICES**

- Free legal support
- Domestic violence support (restraining order, advocacy)
- Immigration
- Teen legal advocacy



TIP: Call or email for appointment and consultation (info@lajl.org).

Los Angeles County Office of Immigrant Affairs

1-800-593-8222

<https://oia.lacounty.gov/>



Mental Health

Downtown Mental Health Center

529 S. Maple Ave. Los Angeles, CA 90013

(213) 629-6200


dmh.lacounty.gov

- **HOURS**

- Mon-Fri: 8am – 5pm
- Walk-in Mon-Fri: 8am – 3pm
- Lunch: 12pm – 1pm

- **SERVICES**

- Adult mental health services
- Psychologist
- Support groups

 **TIP: Call or visit and mention what services you are interested in. Contact the Supervising Officer of the day.**

****Visit the Department of Mental Health Service Locator website to find the nearest service provider to you: <https://locator.lacounty.gov/dmh>**

Para Los Niños Mental Health

849 E 6th Street 90021


213-623-8446 ext 241

- **HOURS**

- Mon.-Fri.: 8am – 5pm

- **SERVICES**

- Children and family therapy
- Case management support
- School services support

 **TIP: Contact Intake Coordinator Daibelis Yerena (ext. 241), administrative assistance Angie Flores (ext. 221) for referral and intake process support.**

Amanecer Community Counseling Services

1200 Wilshire Blvd, Suite 400 Los Angeles, CA 90017

(213) 481-1347 (intake line)


<https://amanecerla.org/>

- **HOURS**

- Mon-Fri: 8:30am – 5pm
- Adult: 8am – 5:30pm
- Child: 8am – 7:30pm

- **SERVICES**

- Mental health for adults and children
- Therapy
- Case management
- Crisis management

 **TIP: Call (213) 416-1106 to sign up for services, process within 7 days.**

Casa De La Familia

3550 Wilshire Blvd # 670, Los Angeles, CA 90010

(213) 413-7777

<https://casadelafamilia.org/>

- **HOURS**

- Mon.-Thurs.: 8am – 8pm
- Fri. & Sat.: 8am – 5pm

- **SERVICES**

- Mental health
- Victim compensation program (qualify within 7 years in California)

 **TIP: Call to speak with a case manager.**

LAUSD Mental Health Services

<https://palmajoann5.wixsite.com/smhdraft/wellness-centers-and-clinics>

- **Belmont Wellness Center**

180 Union Place, Los Angeles, CA 90026

Phone: (213) 241-4455

Fax: (213) 241-4465

Jeffrey King, Specialist

jeffrey.king@lausd.net

- **Roybal Learning Center Satellite Clinic**

1200 West Colton Street, Los Angeles, CA 90026

Phone: (213) 580-6415

Fax: (213) 241-4465

Jeffrey King, Specialist jeffrey.king@lausd.net



TIP: Ask the front desk at your school for a referral for mental health services. If there aren't services located on your campus, contact the closest LAUSD Wellness Center near you.




Other Resources

Domestic Violence

Peace Over Violence

1015 Wilshire Boulevard, Suite 200 Los Angeles, CA 90017
(213) 995-9090, (213) 626-3396
dmh.lacounty.gov

- **HOURS**
 - Mon.-Fri.: 9am – 5:30pm
- **SERVICES**
 - Domestic Abuse Response Team
 - Case Management
 - Legal Services
 - Domestic/ Sexual Violence Care

 **TIP: Call, make an appointment, or visit to complete an intake.**

Jenesse Center, Inc

3761 Stocker St. View Park, CA 90008
(323) 299-9496/Jenesse Hotline 24/7: 800-479-7328
<https://jenesse.org/>

- **HOURS**
 - Mon.-Fri.: 9am – 5:30pm
- **SERVICES**
 - *Shelters confidential until screening and program acceptance *Eligibility: Victims of Domestic Violence/ Homelessness
 - Shelter/Housing (24/7)
 - Educational Center

- Legal Services
- Vocational Services
- Mental Health Services
- Case Management

CBEST

1625 W. Olympic Ste. 800 Los Angeles, CA 90015

(213) 529-0979

http://dhs.lacounty.gov/wps/portal/dhs!/ut/p/b0/04_Sj9CPykssy0xPLMnMz0vMAfGjzOLdDAwM3P2dgo0MfH2MDRyDQpxc3T0DDLxdDPULsh0VAbeJmqA!/

- **HOURS**

- Mon.-Fri.: 8am – 4pm

- **SERVICES**

- Screening and assessment to ensure participants meet medical and non-medical requirements for SSI/SSDI
- Coordination of health and mental health records to support the SSI/SSDI application

- **ELIGIBILITY REQUIREMENTS**

- Screening Over 65 years of age; or
- Have a physical or mental health disability; and
- Not currently receiving SSI or SSDI benefits.
- Low income individuals/ families in need of housing



TIP: Office is open for screenings only. Initiate screening process/ application through the phone or by mail. Housing applications require office visit and case management.

Substance use

LACADA—Downtown Outpatient Services

470 East 3rd Street, Suites A & B, Los Angeles, CA 90013

(213) 626-6411


lacada.com

- **HOURS**

- Mon-Thurs: 8am – 9pm
- Fri: 8am – 5pm
- Sat: 8am – 3pm

- **SERVICES**

- Drug & alcohol (In & Out-patient)
- Anger management
- Parenting (12 weeks)
- LGBTQ services

 **TIP: Visit, call, or get referred by a case manager. Best time to call is in the morning.**

The Wellness Center

1200 N. State Street, Los Angeles, CA 90012

213-784-9191

<http://www.thewellnesscenterla.org/>

- **HOURS**

- Mon-Fri.: 8:30am – 5:00pm

- **SERVICES**

- Counseling, therapy, and peer support
- Food access
- Health and fitness classes
- Healthcare enrollment and legal services
- Managing chronic conditions

Women's & Baby Health



WIC


2798 E 1st St, Los Angeles, CA 90033
(888) 942-2229

- **HOURS**

- Mon-Tues: 9:15am – 5:30pm
- Wed: 11am – 7:15pm
- Th: 9:15am – 5:30pm
- Fri: 10am – 5:30pm

- **SERVICES**

- Nutrition education
- Breastfeeding support
- Healthy foods
- Family resources

 **TIP: Take the WIC eligibility assessment and set up an appt. at a WIC local agency**

First 5 LA – Welcome Baby

California Hospital Medical Center
1401 S Grand Ave, Los Angeles, CA 90015
(213) 342-3127

- **HOURS**

- Mon.-Fri.: 8am – 5pm

- **SERVICES**

- Health and parent education
- Support with breastfeeding
- Home safety
- Infant development

 **TIP: Call or visit for assistance.**

Mama's Neighborhood (Department of Health Services)

LAC+USC Medical Center

2051 Marengo Street, Los Angeles, CA 90033

(844) 37-MAMAS

LAC+USC: (323) 409-3000

- **SERVICES**

- Affordable health care
- Prenatal classes
- Breastfeeding consultations
- Individualized care coordination



TIP: Call or visit one of the clinics so staff can help determine if you are eligible.

Community Clinics in SPA 4

Clinic	Address	Phone	Hours	Website
Wesley Health Clinic	954 N Vermont Ave, Los Angeles, CA 90029	General: (866) 733-5924	8 am – 8 pm (Mon. – Thurs.) 8 am – 5 pm (Fri.) 8 am – 12 pm (1 st & 3 rd Sat.) Closed Sundays	http://jwchinstitute.org/
Weingart Medical Clinic	515 East 6th Street Los Angeles, CA 90021	General: (213) 622-2639	9 am – 5 pm (Monday – Friday)	http://jwchinstitute.org/
Northeast Community Clinics	1414 S Grand Ave Ste 200, Los Angeles, CA 90015	General: (213) 222-1300	8 am – 5 pm (Monday – Friday) Closed Saturday & Sunday	https://www.northeastcommunityclinics.com/1414-2/
All-Inclusive Community Health Center	3920 Eagle Rock Blvd., Suite A. Los Angeles, CA 91605	General: (323) 255-5225	8 am – 5 pm (Monday – Friday) Saturday: Extended Hours Sunday: Closed	www.aichc.org
Angeles Community Health Center	1919 W 7th Street, 2nd Floor Los Angeles, CA 90057	General: (213) 413-2222	8:30 am – 5 pm (Monday – Friday) 9 am – 3 pm (Sat.) Closed (Sun.)	https://www.angelescommunity.org/
Asian Pacific Health Care Venture, Inc.	Belmont Health Center: 180 Union Pl. Los Angeles, CA 90026 Los Feliz Health Center: 1530 Hillhurst Ave. Los Angeles, CA 90027	General: Belmont (323) 644-3885 Los Feliz (323) 644-3888	Belmont 7:30 am – 5 pm (Monday – Friday) 7:30am – 4pm (Sat.) Los Feliz 7:30 am – 5 pm 7:30am – 4pm (Sat.)	https://www.aphcv.org/
BAART Community HealthCare	1926 West Beverly Blvd. Los Angeles, CA 90057	General: 213.353.1140	5:30 am – 1:30 pm (Monday – Friday)	https://baarthhealthcare.org/

Clinic	Address	Phone	Hours	Website
			7:00 am- 11:00 am (Saturday-Sunday) Holidays: 5:30 am –11:00 am	
Behavioral Health Services, Inc.	Lincoln Heights Recovery Center: 4099 North Mission Rd, Los Angeles, CA 90032 Boyle Heights Recovery Center: <u>3421 E. Olympic Blvd. Los Angeles CA 90023</u>	General: Lincoln Heights 323-221-1746 Boyle Heights 323-262-1786	Monday -Thursday, 8:30am - 4:00pm.	http://bhs-inc.org/
Benevolence Health Centers	Central Medical Clinic: 3533 West Pico Blvd Los Angeles, CA 90019 Los Angeles 2: 2065 W. 6th St., Suite 110 Los Angeles, CA 90057	General: Central Medical Clinic: (323) 734-1600 Los Angeles 2: (213) 263-2468	9:00 am - 6:00 pm (Monday – Friday) 8:00 am - 4:00 pm (Sat.) Closed (Sun.)	http://www.bhchealth.org/
Chinatown Service Center	767 North Hill St., Suite 400 Los Angeles, CA 90012	General: (213) 808-1700	Contact health center for hours	https://www.cscla.org/
Clínica Msr. Oscar A. Romero	2032 Marengo St Los Angeles, CA	General: 213-989-7701	7:00 am – 9:00 pm (Mon. & Thurs.) 7:00 am – 7:00 pm (Tues., Wed., Fri.) 7:00 am – 5:00 pm (Sat.)	https://clinaromero.com/
Complete Care Community Health Center	2928 E Cesar E Chavez Ave Los Angeles, CA 90033	General: (310) 706-2594	9 am - 5:30 pm (Mon. – Fri.)	https://ccchclinic.com/

Clinic	Address	Phone	Hours	Website
Comprehensive Community Health Centers	5059 York Blvd Highland Park, CA 90042	General: (323) 344-4144	8:00 am - 12:30 pm 1:30 pm - 5:00 pm (Mon. – Fri.) Closed (Sat./Sun.)	https://cchccenters.org/
KHEIR	6th Street Clinic: 3727 West 6th St, 2nd Floor Los Angeles, CA 90020 Virgil Clinic: 621 South Virgil Ave, Suite 401, Los Angeles, CA 90005 Wilshire Clinic: 3255 Wilshire Blvd., Suite 120, Los Angeles, CA 90010	6th Street Clinic: (213) 235-2500 Virgil Clinic: (213) 235-2500 Wilshire Clinic: (213) 389-6565	9:30 am– 5:30 pm (Monday – Friday) 8:30 am – 1:30 pm (Sat.)	http://www.lakheir.org/
Northeast Community Clinic	California Family Care Clinic: 1414 S. Grand Ave. Suite 200, Los Angeles, CA 90015 Grand: 1400 South Grand Ave. Suite 700, Los Angeles, CA 90015 Highland Park: 5428 North Figueroa St Los Angeles, CA 90042 Women’s Health Center: 5820 North Figueroa St Los Angeles, CA 90042 Women’s Wellness Center: 1414 South Grand Ave Suite 200, Los Angeles, CA	California Family Care Clinic: 213-419-9600 Grand: (213) 222- 1460 Highland Park: (323) 256-3884 Women’ Health Center: (213) 743-9000	8:00 a.m.-5:00 p.m. (Monday-Friday) Closed (Sat. & Sun.)	https://www.northeastcommunityclinics.com/

Clinic	Address	Phone	Hours	Website
Queens Care Health Centers	<p>Bresee: 184 South Bimini Pl Los Angeles, CA 90004</p> <p>Eagle Rock: 4448 York Blvd. Los Angeles, CA 90041</p> <p>Echo Park: 150 North Reno St. Los Angeles, CA 90026</p> <p>Hollywood: 4618 Fountain Ave Los Angeles, CA 90029</p>	<p>Bresee: (213) 858-5126</p> <p>Eagle Rock: (323) 344-5233</p> <p>Echo Park: (213) 380-7298</p> <p>Hollywood: (323) 953-7170</p>	<p>Eagle Rock: 8:30AM - 6PM (Mon. – Fri.)</p> <p>Echo Park: 8AM - 5:30PM (Mon. – Fri.) 8:30AM - 1PM (Sat.)</p> <p>Hollywood: 8AM - 5:30PM (Mon. – Fri.)</p>	<p>http://queenscarehealthcenters.org/</p>
Saban Community Clinic	<p>Beverly Health Center: 8405 Beverly Blvd. Los Angeles, CA 90048</p> <p>S. Mark Taper Foundation Health Center: 6043 Hollywood Blvd. Los Angeles, CA 90028</p> <p>The Wallis Annenberg Children and Family Health Center at Hollywood Wilshire Health Center: 5205 Melrose Ave. Los Angeles, CA 90038</p>	<p>General: (323) 653-1990.</p>	<p>Beverly Health Center: 7:30 am – 8:30 pm (Mon. - Thurs.). 7:30 am – 5:00 pm (Fri.) Free Walk-in Showers: 7:30 am – 3:00 pm (Mon.- Fri.)</p> <p>S. Mark Taper Foundation Health Center: 7:30 am – 6:30 pm (Mon. - Thurs.). 7:30 am – 4:30 pm (Fri.) Free Walk-in Showers: 7:30 am – Noon (Tues, Thurs, Fri)</p> <p>The Wallis Annenberg Children and Family Health Center at Hollywood Wilshire Health Center: 7:30 am – 8:30 pm (Mon. -Thurs.). 7:30 am – 5:00 pm (Fri.). 7:30 am – 12:00 pm (Sat.)</p>	<p>https://www.sabancommunityclinic.org/</p>

Clinic	Address	Phone	Hours	Website
St. Anthony Medical Centers	<p>Pico Location: 2515 West Pico Blvd Los Angeles, CA 90006</p> <p>Hollywood Location: 6368 Hollywood Blvd Los Angeles, CA 90028</p>	<p>Pico: 213.384.4555</p> <p>Hollywood: 323.469.5555</p>	<p>8:30 am- 6:00 pm (Mon. – Fri.)</p> <p>Closed (Sat./Sun.)</p>	<p>http://stanthonymedical.org/</p>
Universal Community Health Center	<p>1005 East Washington Blvd Los Angeles, CA 90021</p>	<p>General: (323) 233-3100</p>	<p>7:30 am - 4:30 pm (Mon. – Fri.)</p> <p>Closed (Sat./Sun.)</p>	<p>https://www.uchcla.org/</p>
White Memorial Community Health Center	<p>1828 Cesar E. Chavez Avenue, Los Angeles, CA 90033</p>	<p>General: (323) 987-1200</p>	<p>8 am – 5 pm (Mon. – Fri.)</p>	<p>https://wmhealthcenter.org/</p>
Alta Med	<p>Children’s Hospital Los Angeles: 4650 Sunset Blvd. Los Angeles, CA 90027</p> <p>Boyle Heights Zonal: 1701 Zonal Ave. Los Angeles, CA 90033</p> <p>East Los Angeles: 2219 East 1st St. Los Angeles, CA 90033</p> <p>Estrada Courts: 1305 South Concord St. Suite 18, Los Angeles, CA 90023</p> <p>Ramona Gardens: 1424 Crusado Lane, Suite 168, Los Angeles, CA 90033</p> <p>William Mead: 268 East Bloom St. Suite 322, Los Angeles, CA 90012</p>	<p>Children’s Hospital Los Angeles: (323) 669-2110</p> <p>Boyle Heights Zonal: 323-223-6146</p> <p>East Los Angeles: (888) 499-9303</p> <p>Estrada Courts: (323) 981-9816</p> <p>Ramona Gardens/ William Mead: (888) 499-9303</p>	<p>Patient Service Center: 8 am – 9 pm (Mon. – Fri.)</p> <p>8 am – 6pm (Sat.)</p> <p>9:30 p.m. – 6 pm (Sun.)</p>	<p>https://www.altamed.org/</p>

Clinic	Address	Phone	Hours	Website
	Pace Grand Plaza: 701 West Cesar E. Chavez Ave. Suite 201, Los Angeles, CA 90012	Pace Grand Plaza: (213) 217- 5300		
Eisner Health	Main: 1500-1530 S. Olive St. Los Angeles, CA 90015 USC-Eisner Family Medicine Center at California Hospital: 1400 South Grand Ave Suite 101, Los Angeles, CA 90015 Women's Health Center: 1513 S. Grand Ave., Ste. 220 & Ste. 250, Los Angeles, CA 90015	General: <u>213- 747-5542</u> USC-Eisner Family Medicine Center: <u>213-744- 0801</u> Women's Health Center: <u>213-747- 5542</u>	Main Site: Adult Clinic: 8:00 am – 4:30 pm (Mon – Sat.). Pediatric Clinic: 8:00 am – 4:30 pm (Mon – Sat.). Dental Clinic: 7:30 am – 3:00 pm (Mon.); 8:30 am – 3:00 pm (Tues – Sat.) USC-Eisner Family Medicine Center: 8:00a – 4:30p (Mon to Thurs.); 8:00a – 12:00p & 2:00p – 4:30p (Fri.) Women's Health Center: 7:30a – 4:30p (Mon – Sat.)	https://www.eisnerhealth.org/
APLA Health	David Geffen Center: 611 South Kingsley Drive, Suite 301, Los Angeles, CA 90005 Global Healthcare – Olympic: 5901 West Olympic Boulevard, Suite 310, Los Angeles, CA 90036 Wilshire Dental Clinic: 1127 Wilshire Boulevard, Suite 1504 Los Angeles, CA 90017	David Geffen Center: 213.201.1600 Global Healthcare: (323) 215-1725 Wilshire Dental Clinic: 213.201.1388	David Geffen Center: 7:30 a.m.-9 p.m. (Mon.); 7:30 a.m.-10 p.m. (Tues.-Thurs.); 7:30 a.m.-8 p.m. (Fri.) Global Healthcare: 8 a.m.-5 p.m. (Mon, Wed, Fri); 8 a.m.-7 p.m. (Tuesday & Thurs.); 9 a.m.-12 p.m. (2nd and 4th Sat. only) Wilshire Dental Clinic: 8 a.m.-5 p.m.	https://aplahealth.org/

Clinic	Address	Phone	Hours	Website
Arroyo Vista Family Health Center	<p>El Sereno: 4837 Huntington Drive North, Los Angeles, CA 90032</p> <p>El Sereno: 4815 North Valley Boulevard, Suite C, Los Angeles, CA 90032</p> <p>Highland Park: 6000 N. Figueroa Street. Los Angeles, CA 90042</p> <p>Lincoln Heights: 2411 N. Broadway, Los Angeles, CA 90031</p> <p>Loma Drive: 303 South Loma Drive, Suite 202 Los Angeles, CA 90017</p>	<p>El Sereno: (866) 616-9344</p> <p>Highland Park: (866) 616-9344</p> <p>Lincoln Heights: (866) 616-9344</p>	<p>El Sereno: 8:00am – 5:00pm (Mon. – Fri.)</p> <p>Highland Park: 8:00am – 5:00pm (Mon. – Sat.)</p> <p>Lincoln Heights: 8:00am – 5:00pm (Mon. – Fri.); Closed (Sat.)</p>	<p>https://www.arroyovista.org/</p>
JWCH Institute	<p>Downtown: 522 South San Pedro St. Los Angeles, CA 90013</p>	<p>Downtown (213) 486-4050</p>	<p>7 am – 6 pm Mon, Thurs, Fri); 7 am – 7 pm (Tues.); 8 am – 5 pm (Wed.); 8 am – 12 pm (1st & 3rd Sat.); Closed (Sun.)</p>	<p>http://jwchinstitute.org/</p>
Los Angeles Christian Health Centers	<p>Exodus Recovery: 1920 Marengo St., Los Angeles, CA</p> <p>Joshua House Clinic: 311 Winston Street, Los Angeles, CA 90013</p> <p>Midnight Mission 601 S. San Pedro St. Los Angeles, CA 90014</p>	<p>Exodus Recovery: (323) 276-6400</p> <p>Joshua House Clinic: (213) 893-1960</p> <p>Midnight Mission: (213) 624-9258</p>	<p>Joshua House Clinic: 6:30 am – 4:30 pm (Mon. – Fri.)</p> <p>Midnight Mission: 7:00 am– 1:30 pm (Mon.); 8:00 am – 3:30 pm (Tues.); 7:00 am– 11:00 am (Wed.); 7:00 am – 3:30 pm (Thurs.,Fri.)</p>	<p>https://www.lachc.com/</p>

Clinic	Address	Phone	Hours	Website
	Pico Aliso Community Clinic: 1625 East 4th St. Los Angeles, CA	Pico Aliso Community Clinic: (213) 893-1960	Pico Aliso Community Clinic: 7:30 am – 5:00 pm (Mon. – Fri.); 8:00 am – 12:00 pm (Sat.)	
Planned Parenthood Los Angeles	Bixby Center: 1057 Kingston Los Angeles, CA 90033 Hollywood Center: 1014 1/2 North Vermont Los Angeles, CA 90029	Bixby Center: (800) 576-5544 Hollywood Center: (800) 576-5544	Bixby Center: 8:30 am – 4:30 pm (Mon. – Fri.); Closed (Sat./Sun) Hollywood Center: 7 am – 5pm (Mon. –Thurs.); 8 am – 4 pm (Fri., Sat.)	https://www.plannedparenthood.org/planned-parenthood-los-angeles
Los Angeles LGBT Center	Highland Annex: 1220 North Highland Ave. Los Angeles, CA 90038 McDonald/Wright Building: 1625 North Schrader Los Angeles, CA 90028 Mi Centro: 553 S. Clarence St. Los Angeles, CA 90033 The Center @ WeHo: 8745 Santa Monica Blvd. Los Angeles, CA 90069 The Village at Ed Gould Plaza: 1125 North McCadden Pl. Los Angeles, CA 90038 Trans Wellness Center: 3055 Wilshire Blvd, Suite 360 Los Angeles, CA 90010 Youth Center: 1220 North Highland Avenue Los Angeles, CA 90038	Highland Annex: (323) 860-2280 McDonald/Wright Building: (323) 993-7400 Mi Centro: (323) 285-7040 The Center @ WeHo: 323-993-7500 The Village at Ed Gould Plaza: (323) 860-7302 Trans Wellness Center: 323-993-2900 Youth Center: (323) 860-2280	Highland Annex: 8:30 – 5:30 (Mon. – Fri.); 8:30 – 4 pm (Sat., Sun.) McDonald/Wright Building: 9am – 9 pm (Mon. – Fri.); 9 am – 1 pm (Sat.) The Center @ WeHo: 11am – 2pm/ 4 pm – 7pm (Mon. – Fri.); Closed (Sat.,Sun.) The Village at Ed Gould Plaza: 9 am – 10 pm (Mon. – Fri.); 9 am – 5 pm (Sat.) Trans Wellness Center: 11 – 6 pm (Mon. – Fri.); Closed (Sat.,Sun.)	http://www.lalgbtcenter.org/

Clinic	Address	Phone	Hours	Website
Los Angeles County Department of Public Health	Central Health Center: 241 N. Figueroa Street Los Angeles, CA 90012 Hollywood-Wilshire Health Center: 5205 Melrose Ave., Los Angeles, CA 90038 Center for Community Health: 522 S. San Pedro St. Los Angeles, CA 90013	Central Health Center: (213) 240-8204 Hollywood-Wilshire Health Center: (323) 769-7800 Center for Community Health: (213) 486-4085	Call for health center hours	http://publichealth.lacounty.gov/chs/SPA4/index.htm

Hospitals in SPA 4

Hospital	Address	Phone	Hours	Website
LAC + USC Medical Center	2051 Marengo St, Los Angeles, CA 90033	General: (323) 409-1000 (24/7 Availability) Pharmacy: (323) 409-6763	Clinic Hours: Monday - Saturday 8 am - 8 pm Closed on Sundays Pharmacy Hours: Monday – Sunday 6 am – 11 pm Urgent Care Hours: Monday - Saturday 8:00 am - 7:00 pm Emergency: 24 hours a day, 7 days a week	http://dhs.lacounty.gov/wps/portal/dhs/lacusc/
Barlow Respiratory Hospital	2000 Stadium Way, Los Angeles, CA 90026	General: (213) 250-4200	Clinic Hours: 24 hours a day, 7 days a week	https://www.barlowhospital.org/
California Hospital Medical Center	1401 S Grand Ave, Los Angeles, CA 90015	General: (213) 748-2411 Health Care Dept. (888) 742-2462 Palliative Care Dept. (213) 770-0276 Stroke Care: (888) 742-2462 Cancer Care: (213) 770-0276	Clinic Hours: 24 hours a day, 7 days a week Emergency/ Urgent Care: 24 hours a day, 7 days a week	https://www.dignityhealth.org/socal/locations/californiahospital
Cedars Sinai Medical Center	8700 Beverly Blvd, Los Angeles, CA 90048	General: (310) 423-3277	Clinic Hours: 24 hours a day, 7 days a week	https://www.cedars-sinai.org/locations/cedars-sinai-main-campus-89.html

Hospital	Address	Phone	Hours	Website
Children's Hospital of Los Angeles	4650 W Sunset Blvd, Los Angeles, CA 90027	General: (323) 660-2450 Health Info Services: (323) 361-2387 Pharmacy (Walgreen's) (323) 644-2080 Urgent Care/ Emergency Care (323) 361-2120	Clinic Hours: 24 hours a day, 7 days a week	https://www.chla.org/
Gateways Hospital and Mental Health Center	1891 Effie St. Los Angeles, CA 90026	General: (323) 644-2000	Clinic Hours: 24 hours a day, 7 days a week	https://www.gatewayshospital.org/
Good Samaritan Hospital	1225 Wilshire Blvd, Los Angeles, CA 90017	General: (213) 977-2121 Emergency Care: (213) 977-2420 Laboratory Services: (213) 977-2400 Inpatient rehab services: (213) 482-2716	Clinic Hours: 24 hours a day, 7 days a week	https://www.goodsam.org/
Kaiser Hospital-Sunset	4867 W Sunset Blvd, Los Angeles, CA 90027	General: (833) 574-2273 Urgent Care: (833) 574-2273 Emergency Care: (323) 783-4011	Clinic Hours: 24 hours a day, 7 days a week Emergency Care: 24 hours a day, 7 days a week Urgent Care:	https://healthy.kaiserpermanente.org/southern-california/facilities/Los-Angeles-Medical-Center-100099

Hospital	Address	Phone	Hours	Website
		Pharmacy Care: (866) 879-3408	9 am - 9 pm (Monday – Sunday) Pharmacy services: Call 48 hours in advance for refills 24 hours a day, 7 days a week	
Keck Hospital of USC	1500 San Pablo St., Los Angeles, CA 90033	General: (800) 872-2273	Clinic Hours: 24 hours a day, 7 days a week	https://www.keckmedicine.org/locations/los-angeles/1500-san-pablo-st/
USC Kenneth Norris Jr. Cancer Hospital	1441 Eastlake Ave, Los Angeles, CA 90089	General: (800) 872-2273	Clinic Hours: 9 am – 5 pm (Monday – Saturday)	https://www.keckmedicine.org/about-keck-medicine/usc-norris-comprehensive-cancer-center/
White Memorial Medical Center	1720 E Cesar E Chavez Ave, Los Angeles, CA 90033	General: (323) 268-5000	Clinic Hours: 24 hours a day, 7 days a week	https://www.adventisthealth.org/white-memorial/
Hollywood Presbyterian Medical Center	1300 N Vermont Ave, Los Angeles, CA 90027	General: (213) 413-3000	Clinic Hours: 6 am 8 pm (Monday – Saturday) Emergency Care: Open 24 hours a day, 7 days a week	https://www.hollywoodpresbyterian.com/